Exit
The psychopathology of everyday life

Exit, the latest feature production of Montreal-based Les Productions Vidéofilms Limitée, (which shot in Montreal April 14 – May 23 when it wrapped "on time and on budget") is Monique H. Messier's second experience combining the roles of screenwriter, director and producer. Her controversial feature on incest, Rien qu'un jeu, chosen for the Directors' Fortnight at Cannes in 1983, but which, Messier says, proved "too raw for French audiences, and was disliked by Quebecois critics."

Messier describes Exit, which stars Louise Marleau, Louise Portal, John Wildman, Michel Côté, Pierre Curzi and young Gabriel Panaccio, as a very different kind of film. The synopsis was first written four years ago, and since then, Messier says, "many, many drafts have been written." Much of the work in the past four years was done in collaboration with Messier's co-producer and the director of Exit, Robert Ménard. It is important to her explains Messier, both as a writer and a producer, to be able to work with someone she trusts.

However, the writing did not end when the shoot began. It continued throughout the five-week schedule and, like many writers, Messier admits she feels that a script is never really completed. As both producer and writer, she had certain privileges to rewrite and adapt the script as it evolved throughout the shoot.

Several major changes were made, in response to creative as well as production demands. One example Messier mentions is the way Louise Marleau interpreted Marie, the woman she plays - very differently from Messier's conception of her. But mainly, it was John Wildman's character, initially named Roberto, that was completely transformed. Wildman instilled such a strong personality into the role that Messier felt compelled to rewrite certain elements, even changing the character's name to John.

Two days of production also had to be dropped, which challenged Messier both as producer and writer, but her familiarity with the script allowed her to choose which elements could be eliminated. As a writer, Messier admits to no pretensions - hesitating to even call herself a scriptwriter. "It would be impossible to write a script for someone else - to take another person's idea and write it," she says. Her ideas come from very personal concerns and, once she has an idea, prefers to develop it and then produce it in association with someone.

Messier does not keep an office (the demands of running one would be too distracting) but, as a producer, Messier stresses the importance of having a strong crew. Almost everyone working on Exit was known from previous productions. Messier speaks of their professionalism and dedication to this shoot in strongly positive terms. Exit, she says, is a very special production and everyone who worked on the film, cast and crew alike, have sensed that too.

Working with Ménard as director was an important factor, because of his input into the script and also because of previous collaborations that have developed this valuable quality of trust.

Although Exit is not as personal a script as Rien qu'un jeu was, it has a basis in some strong personal attitudes and beliefs, and Messier is very precise in delineating how much they intruded into the writing.

The story revolves around Marie (Louise Marleau), a successful career woman who comes to a point of crisis in her life because of an element from her past that she has never completely confronted or dealt with. While it is described in the press releases as a "gripping drama with psychic overtones," Messier explains there is much more to it than that.

There is, first of all, the level of suspense - the story of a woman haunted by someone from her past. This is the level which Messier feels will appeal to "those who love seeing a thriller."

The second level is the psychological, a product of Messier's concern with daily life and how one's psychological make-up manifests itself in the events, the choices and the emotions of daily life. The third level arises from Messier's interest in supernatural and psychic possibilities, which she describes as "that which we don't see in everyday life, but is responsible for our psychological make-up."

It was this, in fact, that prompted Messier to write Exit, but her awareness of the female personality determined the story. The psychology of woman, she says, rests in a sense of guilt, a "culpability" that somehow "is more developed, or more evident in the female character than the male." But if she conceives this as a universal characteristic of the female personality, she remains a writer inherently more interested in the individual - "we are all different, our motives, actions and responses are determined because of those supernatural forces."

Exit is very much an "interior film" (acting taking place in the realm of the psychological and emotional) - it was shot almost completely indoors, and almost all at night. Except for two or three other locations, the production took place at Quebec composer Luc Plamondon's house in quiet, residential Outremont. Messier learned that indoor shoots usually turn out to be as costly as outdoor locations, "but it is exciting to work with Pierre Mignot, to see the things he does with lighting."

Both Ménard and Messier have invested their salaries as co-producers/screenwriter/director. The $1.7 million budget was put together with the participation of Telefilm Canada, and the Société générale du cinéma du Québec. And, for the first time ever, Quebec broadcaster Télémétrie has invested in a francophone production - buying the broadcast rights (to be picked up in two years once the film has run through the theatrical circuit). Distributor for Exit, Vivafilm Life has also contributed advance payments-unusual Messier believes in the relationship between producer and distributor.

"But four years is a long time to spend on one project," and Messier is anxious to move on to her next project - a sci-fi film, Star Wars-style. Although the writing portion of her job is now over, with Exit scheduled for an October release, Messier still has several demanding months as a producer ahead of her.

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